**Kelly Neff 2019 Long Bio**

Dr Kelly Neff is a social psychologist, author, professor, futurist and talk-radio personality who has electrified the transformational media world with her unique focus on the intersection of psychology, consciousness, and human sexuality.

An academically trained research psychologist, she received her B.A. (2004) in Psychology *magna sum laude* and *Phi Beta Kappa* from Georgetown University and her M.A. (2006) and Ph.D. (2010) in Social Psychology from Claremont Graduate University. She has spent nearly a decade as an associate professor of psychology, teaching both online and in-person *Psychology of Human Sexuality* courses at Saddleback College in California.

A millennial disrupter with a commitment to the exploring leading edge of psychology and technology, she wrote her first book, *Teaching Psychology Online* in 2013, and followed it up with articles on sex, consciousness, psychology and futurism that have been read and shared tens of millions of times across websites like *The Mind Unleashed, Wakeup World* and *MindBodyGreen*. Her hit show *Lucid Planet Radio* has attracted expert guests across the sciences, popular culture and esoteric traditions and has been streamed to hundreds of thousands of ears across the globe since it hit the airwaves in 2015.

Dr. Kelly Neff’s exuberant and engaging style has led to speaking engagements at both academic conferences and transformational events (like *Sonic Bloom* and *Lucidity*) across the country, demonstrating her ability integrate her rigorous scientific training with her candid self-expression. Her newest effort, *Sex Positive* (2020), epitomizes her desire to empower sexual freedom, inspire healing, and improve people’s relationships by fusing cutting-edge scientific findings with Eastern philosophies and her own deeply personal insights.